

# IEFA TRAINING 2022

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## ABOUT US & OUR SERVICES

**The Institute of Emergency First Aiders (IEFA)** is an education, training and development institution with 35 years experience in the business.

The company is a close corporation, BBBEE Level 4, established in 1987.

IEFA provides training courses that enable organisations to comply with the legal requirements laid out in the Occupational Health and Safety Act.

See our 'Company Profile' for more information:

<https://www.iefaco.za/aboutus.php>

**IEFA Contact details:** Tel: 011 822 3428  
Fax: 086 245 2111

**Email:** [information@iefaco.za](mailto:information@iefaco.za)  
**Website:** [www.iefaco.za](http://www.iefaco.za)

# FIRST AID LEVEL 1

‘Perform Basic Life Support &  
Emergency First Aid Procedures’

SAQA US ID: 119567 - NQF level 1 - Credits 5



Level 1 First Aid is the minimum training requirement to comply with the O.H.S. Act and requirements of the Department of Employment and Labour to ensure safety at the workplace. It covers the most important first aid skills required to manage common medical and trauma emergencies at the workplace and at home.

Our first aid courses are designed to help learners to work logically, efficiently and effectively when assessing and managing an emergency by using a systematic approach to first aid.

As with all our first aid courses, CPR in this course complies with the latest guidelines released by the Resuscitation Council of SA. We use imported manikins and ACTAR 911 CPR manikins in our practical CPR sessions. Our audiovisual aids include PowerPoint presentations that are designed specifically to aid understanding of the concepts and principles of basic life support and first aid.

## COURSE OUTCOMES

The purpose of this unit standard is to enable first responders to recognise and assess the emergency situation and provide basic life support and basic first aid to stabilise a patient prior to transfer to advanced emergency services.

### Outcomes - SAQA US ID 119567

1. Demonstrate an understanding of emergency scene management.
2. Demonstrate an understanding of elementary anatomy and physiology.
3. Assess an emergency situation.
4. Apply first aid procedures to the life-threatening situation.
5. Treat common injuries.

For detailed contents of this course go here: [https://www.iefaco.za/first\\_aid\\_level1.php](https://www.iefaco.za/first_aid_level1.php)

## COURSE DETAILS

**Duration:** 2 Days (16 Hours)

**Time:** 08h00 – 16h00

**Price:** R1,100.00 per person excl. VAT

**Cost includes:** First Aid Level 1 Training Manual

Laminated Memory Card

Assessment & Portfolio of Evidence

Certificate of Competence valid for 3 years

**Assessment:** Written theory test & practical demonstration of first aid skills

**Venue:** On site or IEFA Training Centre (26 Tulip Road, Primrose, Germiston)

**Course Accreditation:** HWSeta (HW592LP00011)

**IEFA Contact details:** Tel: 011 822 3428  
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# FIRST AID LEVEL 2

**‘Provide Risk-based Primary Emergency Care/First Aid in the Workplace’**  
**SAQA US ID 120496 - NQF Level 2 - Credits 5**



The Level 2 First Aid course is an intermediate first aid course giving learners a more extensive knowledge of emergency care and enabling them to cope with more critical emergencies arising from an occupational risk in a specific workplace.

It includes subjects such as two-rescuer CPR, joint injuries and rescue carries and the treatment of paediatric patients.

All our first aid courses are designed to help learners to work logically, efficiently and effectively when assessing and managing an emergency by using a systematic approach to first aid.

We use imported manikins (adult and paediatric) and ACTAR 911 CPR manikins in our practical CPR sessions. Our audiovisual aids include PowerPoint presentations that are designed specifically to aid understanding of the concepts and principles of basic life support and first aid.

## COURSE OUTCOMES

The purpose of this course is to enable employees to provide primary emergency care in response to an emergency involving occupational risk or to a serious health emergency in their specific workplaces.

### Outcomes - SAQA US ID 120496

1. Demonstrate the principles of primary emergency care in the workplace.
2. Sustain a basic level of preparedness for health emergencies in the workplace.
3. Assess and manage a single-injury emergency scene in the workplace.
4. Demonstrate primary emergency life support for adults, children and infants according to current international protocols.
5. Explain and manage shock.
6. Conduct secondary assessment of the sick and/or injured person and provide appropriate primary emergency care within the workplace.
7. Keep records of the incident/accident.

For full contents of this course go here: [https://www.iefaco.za/first\\_aid\\_level2.php](https://www.iefaco.za/first_aid_level2.php)

## COURSE DETAILS

**Duration:** 3 Days (22 Hours)

**Time:** 08h00 – 16h00

**Price:** R1,395.00 per person excl. VAT

**Cost includes:** First Aid Level 2 Training Manual  
Laminated Memory Card  
Assessment & Portfolio of Evidence  
Certificate of Competence valid for 3 years

**Assessment:** Written theory test & practical demonstration of first aid skills **Venue:**  
On site or at IEFA Training Centre (26 Tulip Road, Primrose, Germiston)

**Course Accreditation:** HWSeta (HW592LP00011)

**IEFA Contact details:** **Tel:** 011 822 3428  
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# FIRST AID LEVEL 3

'Provide First Aid as an  
Advanced First Responder'

SAQA US ID: 376480 - NQF level 3 - Credits 8



The level 3 first aid course is an advanced course that will enable the first responder in the workplace to prevent and respond to critical health emergencies particularly those emergencies arising from a specific occupational risk in that workplace. This advanced course also covers topics essential for persons working or living in areas where medical emergency response is slow and/or medical care is not readily accessible.

This Level 3 first aid course meets the requirements of the Department of Employment & Labour in terms of the Occupational Health and Safety Act in respect of workplaces where hazardous conditions are present. Subjects include: situational disaster management; triage; types of shock; advanced CPR; oxygen therapy; various disorders and diseases; managing serious wounds like an open chest wound, sucking chest wound and flail chest and emergency childbirth.

We use imported manikins (adult and paediatric) and ACTAR 911 CPR manikins in our practical CPR sessions. Our audiovisual aids include PowerPoint presentations that are designed specifically to aid understanding of the concepts and principles of advanced life support and first aid.

## COURSE OUTCOMES

The purpose of this unit standard is to enable the first responder to react to emergencies at an advanced first aid level to stabilise a patient, before the arrival of emergency medical personnel.

### Outcomes - SAQA US ID 376480

1. Explain the principles of advanced first aid in emergencies.
2. Demonstrate an advanced level of preparedness to deal with sudden illness or emergency.
3. Assess and manage an emergency scene/disaster.
4. Describe the anatomy and explain the physiology of the human body systems in terms of injury and sudden illness.
5. Apply primary first aid life support for adults, children and infants according to accepted current protocols.
6. Explain the causes of shock and the emergency treatment thereof.

For full contents of this course go here: [https://www.iefaco.za/first\\_aid\\_level3.php](https://www.iefaco.za/first_aid_level3.php)

## COURSE DETAILS

**Duration:** 5 Days (40 Hours)

**Time:** 08h00 – 16h00

**Price:** R2,695.00 per person excl. VAT

*Pre-Course material is to be collected from IEFA 1 week prior to training. All learners must bring the completed pre-course material with them on the 1st day of training.*

**Cost includes:** First Aid Level 3 Training Manual  
Laminated Memory Card  
Assessment & Portfolio of Evidence  
Certificate of Competence valid for 3 years

**Assessment:** Written theory test & practical demonstration of first aid skills

**Venue:** On site or at IEFA Training Centre (26 Tulip Road, Primrose, Germiston.)

**Course Accreditation:** HWSeta (HW592LP00011)

**IEFA Contact details:** Tel: 011 822 3428  
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# HEALTH AND SAFETY REPRESENTATIVES

'Describe the Functions of the Workplace Health & Safety Representative'  
SAQA US ID 259622 - NQF Level 2 - Credits 3



Health and safety representatives that successfully achieve the outcomes of this course will have a good understanding of their legal rights and functions in the company. Practical risk management is emphasised with specific details on how to carry out the functions in a professional and responsible manner. Learners will also be able to participate in SHE structures and measure these activities according to SHE requirements.

This health and safety course meets the requirements of the Department of Employment & Labour in terms of the Occupational Health and Safety Act.

Our audiovisual aids include PowerPoint presentations that are designed specifically to aid understanding of the concepts and principles of effective health and safety management in the workplace. Learners will be given an opportunity to demonstrate their understanding through practical exercises.

## COURSE OUTCOMES

The purpose of this course is to give health and safety representatives an understanding of the objectives and statutory requirements regarding health and safety in the workplace including the rights, powers, functions and duties of the workplace health and safety representative and how any problems concerning safety, health and environment (SHE) may be handled.

### Outcomes - SAQA US ID 259622

1. Describe the framework of workplace health and safety legislation pertaining to health and safety representatives.
2. Explain the specified requirements to conduct safety, health and environmental representation activities at a working place.
3. Address safety, health and environment related issues within the scope of authority.
4. Comply with the activities within safety, health and environmental structures.

For full contents of this course go here: [https://www.iefaco.za/health\\_safety.php](https://www.iefaco.za/health_safety.php)

## COURSE DETAILS

**Duration:** 1 Day (8 Hours)

**Time:** 08h00 – 16h00

**Price:** R1,150.00 per person excl. VAT

**Cost includes:** Health & Safety Representative Training Manual  
Laminated Memory Card  
Assessment & Portfolio of Evidence  
Certificate of Competence

**Venue:** On site or IEFA Training Centre (26 Tulip Road, Primrose, Germiston)

**Course Accreditation:** HWSeta (HW592LP00011)

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# BASIC FIRE FIGHTING

'Apply fire fighting techniques'  
SAQA US ID 252250 – NQF Level 1 – Credits 3



Operate basic fire equipment



Plan escape routes



Fight incipient-stage fires



Prevent fires

A fire in a work environment can have major consequences for everybody. It is important, therefore, that all employees know how to identify fire hazards and in the event of a fire emergency be able to respond quickly and appropriately.

This is a hands-on, practical course in basic fire fighting but also includes formal instruction on various aspects of fire and fire behaviour, fire prevention and evacuation procedures, basic fire equipment and fire fighting procedures.

Our audiovisual aids include PowerPoint presentations that are designed specifically to aid understanding of the concepts and principles of fire fighting.

## COURSE OUTCOMES

The purpose of this entry-level fire fighting course is to enable a learner to identify, contain, prevent and extinguish different types of incipient-stage fires by operating basic fire fighting equipment.

### Outcomes - SAQA US ID 252250

1. Identify different types of fires.
2. Explain and practice fire prevention.
3. Operate basic fire fighting equipment.
4. Perform basic fire fighting procedures.

For full contents of this course go here: [https://www.iefaco.za/fire\\_fighting\\_level1.php](https://www.iefaco.za/fire_fighting_level1.php)

## COURSE DETAILS

**Duration:** 1 Day (8 Hours)

**Time:** 08h00 – 16h00

**Price:** R810.00 per person excl. VAT

**Cost includes:** Fire Training Manual  
Laminated memory card  
Assessment & Portfolio of Evidence  
Certificate of Competence valid for 2 years

**Venue:** On site or IEFA Training Centre (26 Tulip Road, Primrose, Germiston)

**Course Accreditation:** HWSeta (HW592LP00011)

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# EXTENDED BASIC FIRE FIGHTING

**'Perform Basic Fire Fighting Techniques'**  
**SAQA US ID: 12484 - NQF Level 2 - Credits 4**



This extended basic fire fighting training will enable learners to identify different classes of fires, and to contain, prevent and extinguish different types of fires by operating appropriate fire fighting equipment. This course includes practical and formal instruction on fire prevention and evacuation procedures; fire and fire behaviour; fire-fighting equipment including fire extinguishers, hoses and hydrants.

Our audiovisual aids include PowerPoint presentations that are designed specifically to aid understanding of the concepts and principles of fire fighting. The skills, values and knowledge reflected in this unit standard are required by people in the field of manufacturing and engineering. The learning outcomes in this unit standard also contribute to the exit level outcomes required for various manufacturing and engineering qualifications.

## COURSE OUTCOMES

The purpose of this course is to enable learners to select and use the appropriate fire fighting equipment, including fire hoses and hydrants, to contain or extinguish fires in the workplace.

### Outcomes - SAQA US ID 12484

1. Discuss and explain procedures for dealing with fires in the workplace.
2. Identify the type of fire, its context and select the appropriate fire fighting procedure.
3. Identify, select and check appropriate fire fighting and safety equipment.
4. Fight containable/extinguishable fires.
5. Retreat from fire site and hand over to appropriate personnel.
6. Report/record status of fire and equipment.

For full contents of this course go here: [https://www.iefaco.za/fire\\_fighting\\_level2.php](https://www.iefaco.za/fire_fighting_level2.php)

## COURSE DETAILS

**Duration:** 2 Days (16 Hours)

**Time:** 08h00 – 16h00

**Price:** R1,695.00 per person excl. VAT

**Cost includes:** Fire Training Manual  
Laminated Memory Card  
Assessment & Portfolio of Evidence  
Certificate of Competence valid for 2 years

**Venue:** On site or  
First day: IEFA Training Centre (26 Tulip Road, Primrose, Germiston)  
Second day: Victoria Lake, Germiston

**Course Accreditation:** LG Seta (LG141P)

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# SELF-CONTAINED BREATHING APPARATUS

'Use a Self-contained Breathing Apparatus'  
SAQA US ID: 242852 – NQF Level 4 – Credits 4



This unit standard was developed as a separate unit standard to meet the needs of a wide variety of individuals who are required to use a self contained breathing apparatus in the course of normal occupational tasks or emergency operations, other than emergency service personnel. It is essential for employees who are a part of the response team responsible for fire containment and rescue.

Training in the correct use of breathing apparatus will give the learner fundamental knowledge and skills to ensure that respiratory protection is not intentionally compromised, and that they retire from hazardous areas before their air is depleted.

## COURSE OUTCOMES

The purpose of this training course is to enable the learner to use a self-contained breathing apparatus (SCBA) safely and effectively during normal occupational assignments and emergency operations.

### Outcomes SAQA US ID 242852:

1. Explain the physiology of respiration.
2. Explain the nature and characteristics of common hazardous atmospheres.
3. Explain the limitations of a self-contained breathing apparatus.
4. Describe the components of a self-contained breathing apparatus and their functions.
5. Inspect and maintain a self-contained breathing apparatus in a state of readiness.
6. Don and doff a self-contained breathing apparatus safely and efficiently.
7. Work in an area of obscured visibility while wearing a self-contained breathing apparatus.

For full contents of this course go here: <https://www.iefa.co.za/breathing.php>

## COURSE DETAILS

**Duration:** 1.5 Days (13.5 Hours)

**Time:** 08h00 – 16h00; 08h00-13h30

**Price:** R1,750.00 per person excl. VAT

**Cost includes:** Self-contained Breathing Apparatus Training Manual  
Laminated Memory Card  
Assessment & Portfolio of Evidence  
Certificate of Competence valid for 2 years

**Pre-requisites:** Communications. NQF level 3; Mathematical Literacy. NQF level 3.  
Learners should be in a fit medical and physical condition as per industry standards and norms.

**Venue:** On site

**Course Accreditation:** LGSETA – (LG141P)

**IEFA Contact details:** Tel: 011 822 3428  
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# EMERGENCY PREPARATION & RESPONSE PROCEDURES



**‘Explain Emergency Preparedness & Response Procedures’**  
**SAQA US ID 259597 - NQF Level 2 - Credits 3**



Workplace emergencies



Warning systems



Evacuation procedures



Response teams

This course is designed to give an understanding of the planning, preparation and procedures required for an effective, co-ordinated response to different emergencies that could take place in the workplace taking into consideration the impact they can have on the company, workers and visitors should they occur. On completion of the course learners will have an appreciation of the need for developing and implementing an emergency management plan as well as procedures for emergency teams to respond quickly and effectively to an emergency according to its nature and severity, the type of workplace, and its location.

## COURSE OUTCOMES

The purpose of this unit standard is to enable the learner to distinguish between an emergency and an incident and have an understanding of the different types of emergencies that may take place in the workplace. Learners will be able to explain the types of emergency alarms in the workplace, the procedures for responding to them, including evacuating those in immediate danger, and the methods and procedures which need to be applied in an assembly area after an alarm.

### Outcomes - SAQA US ID 259597

1. Explain different types of emergencies that may be encountered in a workplace.
2. Explain various responses to an alarm.
3. Explain actions required of a safety officer in an assembly area.
4. Explain the functions of an emergency control centre.

For full contents of this course go here: <https://www.iefaco.za/evacuation.php>

## COURSE DETAILS

**Duration:** 1 Day (8 Hours)

**Time:** 08h00 – 16h00

**Price:** R1,050.00 per person excl. VAT

**Cost includes:** Emergency Procedures & Response Procedures Training Manual  
Assessment & Portfolio of Evidence  
Certificate of Competence valid for 2 years.

**Venue:** On site

**Pre-requisites:** Communication at NQF Level 1 or equivalent.  
Mathematical Literacy at NQF Level 1 or equivalent

**Course Accreditation:** Pending registration with SETA

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# INCIDENT INVESTIGATION

**‘Conduct an Investigation into Workplace Safety, Health & Environmental (SHE) Incidents’  
SAQA US ID: 259617 - NQF Level 2 - Credits 3**



All workplace incidents must be properly investigated to determine what happened and why so that a recurrence can be avoided. Certain legal requirements need to be followed after a workplace accident: notifying the inspector and submitting formal reports to the Department of Employment and Labour within a specific time period. Learners successfully completing this course will be able to ensure a safe and effective investigation during which evidence is secured and final reports that are factually correct are submitted correctly and on time.

*For the purpose of this unit standard, conducting an investigation is limited to the actions carried out immediately the incident happens or is discovered.*

## COURSE OUTCOMES

The purpose of this course is to enable participants to identify and explain the legal and site-specific requirements regulating the reporting and investigation of workplace incidents. Learners will learn how to gather relevant information; complete the required reports and effectively process any physical evidence which may have been collected.

### Outcomes - US ID 259617

1. Describe requirements for workplace safety, health and environment incident investigation.
2. Gather information for workplace safety, health and environment incident investigations.
3. Conduct post-investigation activities.

For full contents of this course go here: [https://www.iefaco.za/incident\\_investigation.php](https://www.iefaco.za/incident_investigation.php)

## COURSE DETAILS

- Duration:** 1 Day (8 Hours)  
**Time:** 08h00 – 16h00  
**Price:** R1,150.00 per person excl. VAT  
**Cost includes:** Accident Investigation Training Manual  
Assessment & Portfolio of Evidence  
Certificate of Competence valid for 2 years  
**Venue:** On site or IEFA Training Centre (26 Tulip Road, Primrose, Germiston)  
**Pre-requisites:** Communication at NQF Level 1 or equivalent.  
Mathematical Literacy at NQF Level 1 or equivalent.

**Course Accreditation:** HWSeta (HW592LP00011)

**IEFA Contact details:** **Tel:** 011 822 3428  
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# UNDERSTANDING HIV/AIDS IN THE WORKPLACE



**‘Demonstrate knowledge and understanding of HIV/AIDS in a workplace, and its effects on a business sub-sector, own organisation and a specific workplace’  
SAQA US ID 13915 - NQF Level 3 - Credits 4**



The HIV/AIDS pandemic is a serious and ongoing problem in South Africa and this course provides an opportunity for learners to gain an appreciation and awareness of its nature and implications. The course introduces the characteristics of the Human Immunodeficiency Virus (HIV) and how it attacks and gradually destroys the immune system of individuals who are infected, leading to AIDS and ultimately to death when left untreated. The course covers ways in which HIV is transmitted and provides guidelines and assistance available to support workers with HIV/AIDS. Learners are encouraged to recognise their own role in creating a caring work environment. Learners will gain insight into the implications of the HIV/AIDS pandemic for society, the economy, and business - including their own workplace.

## COURSE OUTCOMES

The purpose of this course is to provide a broad understanding and awareness of HIV/AIDS in the workplace that will enable learners to be both informed and caring workers within their industry. The focus is knowledge, skills, values and attitudes in relation to the learner`s own experience in the work environment.

### Outcomes SAQA US ID 13915:

1. Know and understand HIV/AIDS and its effects on the human immune system.
2. Know and understand how HIV/AIDS is transmitted.
3. Know what behaviour is safe and what behaviour carries the risk of HIV transmission.
4. Know what guidelines and assistance are available to support workers with HIV/AIDS.
5. Know and understand the implications of the HIV/AIDS pandemic.

For full contents of this course go here: [https://www.iefaco.za/hiv\\_aids.php](https://www.iefaco.za/hiv_aids.php)

## COURSE DETAILS

- Duration:** 2 Days (16 Hours)  
**Time:** 08h00 – 16h00  
**Price:** R1,450.00 per person excl. VAT  
**Cost includes:** HIV/AIDS Training Manual  
Assessment & Portfolio of Evidence  
Certificate of Competence valid for 3 years  
**Venue:** On site  
**Pre-requisites:** Open access. GETC/equivalent qualification or  
Communication and mathematical literacy NQF level 2

**Course Accreditation:** Pending registration with SETA

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# HAZMAT AWARENESS

Health & Safety enrichment course  
Non-accredited



When it comes to hazardous chemical substances, it is important and required by law that employees are adequately and comprehensively informed and trained, with regards to the potential risks to health caused by exposure. Early discovery, hazmat awareness training and correct procedures for alerting the emergency services will mitigate potential danger, injury and death in the event of an incident.

The course gives the learner an understanding of different systems used in the classification of hazardous materials including the importance of material handling data sheets. It covers safety controls and important procedures for managing an emergency involving hazardous materials.

## COURSE OUTCOMES

The purpose of this course is to give first responders a basic understanding of the importance of safety controls and procedures when dealing with dangerous goods and to explain their own role in the event of an emergency involving these materials.

### Outcomes:

1. Apply safety controls and procedures.
2. Understand systems of classification of hazardous materials.
3. Handle emergencies involving hazardous materials:
  - Understand the effects of hazardous materials on the human body.
  - Select appropriate personal protective equipment.
  - Apply first aid for victims.
  - Apply decontamination procedures.

For full contents of this course go here: <https://www.iefaco.za/hazmat.php>

## COURSE DETAILS

- Duration:** 4 Hours  
**Time:** 08h00 – 12h00  
**Price:** R745.00 per person excl. VAT  
**Cost includes:** Hazmat Awareness Training Manual  
Certificate of Attendance  
**Venue:** On site

**Course Accreditation:** Health and Safety Enrichment course

**IEFA Contact details:** Tel: 011 822 3428  
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# PREPARING THE WORKPLACE FOR COVID-19

Health & Safety enrichment course  
Non-accredited



IEFA, working together with local and provincial departments of health, has an important role to play in combatting the spread of disease.

The Occupational Health and Safety Act of 1993 stipulates that all employers have a legal obligation to ensure the workplace is safe and healthy and that employees and visitors are protected from all harm.

This course covers risk assessment in the workplace and how to mitigate risks associated with the COVID-19 pandemic. Learners are encouraged to recognise their own role in creating a safe work environment. On completion of this course learners will have a basic understanding of COVID-19 and its implications for the workplace.

## COURSE OUTCOMES

The purpose of this course is to provide a broad introduction to and awareness of COVID-19 that will enable participants to mitigate exposure to COVID-19 in the workplace and in general. This course introduces COVID-19: the ways in which it is transmitted; how the virus affects the human body; prevention strategies; common signs and symptoms; tests; treatment and vaccine for COVID-19 at a basic level of understanding. It includes Covid-19 workplace risk assessment and ways of mitigating the risks.

### Outcomes:

1. Understand the Covid-19 infection and its effects on the human body.
2. Describe the transmission of COVID-19 and how to avoid becoming infected.
3. Perform a risk assessment for COVID-19 in the workplace and implement workplace controls.

For full contents of this course go here: <https://www.iefaco.za/covid-19.php>

## COURSE DETAILS

**Duration:** 1.5 Hours

**Time:** Custom

**Price:** R425.00 per person excl. VAT

**Cost includes:** COVID-19 Training Manual  
Certificate of Attendance

**Venue:** On site

**Pre-requisites:** Communication and Mathematical Literacy at NQF Level 1 or equivalent.

**Course Accreditation:** Health & Safety enrichment course. Non-accredited

**IEFA Contact details:** **Tel:** 011 822 3428  
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# BASIC LIFE SUPPORT & AED

First Aid Enrichment course  
Non-accredited



This Basic Life Support course will assist learners to recognize emergencies that require CPR and how to manage an emergency situation effectively. It covers single-rescuer CPR for adults and paediatric patients as well as training in use of an automated external defibrillator (AED). CPR in this course complies with the latest guidelines released by the Resuscitation Council of SA/American Heart Association. We use imported Manikins (adult and paediatric) and ACTAR 911 CPR Manikins in our practical CPR sessions. We also use a systematic approach in our training to help learners to work logically, efficiently and effectively when assessing and managing an emergency.

## COURSE OUTCOMES

The purpose of this course is to give learners the opportunity to acquire and practise the skills required for recognizing and managing a life-threatening emergency, requiring CPR and for using an automated external defibrillator (AED). These life-saving skills are used to prevent the condition of the patient from getting worse before the emergency medical services arrive to take over.

### Outcomes of the BLS & AED course:

1. Demonstrate knowledge and understanding of the anatomy and physiology of the respiratory and circulatory systems.
2. Manage a life-threatening emergency
3. Conduct a primary survey
4. Understand how an automated external defibrillator works
5. Perform single-rescuer adult, child and infant CPR using an AED

For full contents of this course go here: [https://www.iefaco.za/bls\\_aed.php](https://www.iefaco.za/bls_aed.php)

## COURSE DETAILS

**Duration:** 5 Hours

**Time:** 08h00 – 13h00

**Price:** R780.00 per person excl. VAT

**Cost includes:** BLS & AED Training Manual  
Laminated Memory Card  
Assessment & Portfolio of Evidence  
Certificate of Competence

**Venue:** On site or IEFA Training Centre (26 Tulip Road, Primrose, Germiston)

**Course Accreditation:** First Aid Enrichment course. Non-accredited

**IEFA Contact details:** **Tel:** 011 822 3428  
**Fax:** 086 245 2111

**Email:** [information@iefaco.za](mailto:information@iefaco.za)  
**Website:** [www.iefaco.za](http://www.iefaco.za)

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# BASIC LIFE SUPPORT FOR HEALTHCARE PROVIDERS

**American Heart Association (AHA)  
CPD Accreditation - 11 POINTS**



This AHA 'Basic Life Support for Healthcare Providers' course is intended for healthcare professionals, including doctors, nurses, paramedics, and allied personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-facility and pre-hospital settings.

BLS is the foundation for saving lives. Participants will learn the skills of high-quality CPR and practise this as a single-rescuer and as part of a multi-rescuer team, with the use of an Automated External Defibrillator (AED). Participants will also learn how to respond to choking emergencies for victims of all ages and to provide ventilation using resusci-aids, pocket masks and bag-valve-mask devices.

We use imported manikins (adult and paediatric) and ACTAR 911 CPR manikins in our practical CPR sessions.

For successful completion of the course, participants will be expected to demonstrate proficiency in CPR and AED use, and obtain a score of at least 84% in the final written assessment.

## COURSE OUTCOMES:

IEFA is an approved and registered training provider for this 'AHA BLS for Healthcare Providers' course. The purpose of this course is to enable participants to recognise, assess and manage an emergency situation requiring CPR and/or management of airway obstruction for victims of all ages and to do this effectively and efficiently.

### Outcomes:

1. Describe all the steps of the Chain of Survival.
2. Recognise the signs of an emergency requiring CPR.
3. Perform high quality CPR for an adult, child and infant.
4. Demonstrate the appropriate use of an automated external defibrillator (AED).
5. Work effectively as part of a team in multi-rescuer resuscitation.
6. Manage a foreign-body airway obstruction - adult, child and infant.
7. Provide effective ventilations by using a barrier device.

For full contents of this course go here: [https://www.iefaco.za/aha\\_bls.php](https://www.iefaco.za/aha_bls.php)

## COURSE DETAILS

- Duration:** 8 Hours  
**Time:** 08h00 – 15h30  
**Price:** R1,200.00 per person excl. VAT  
**Cost includes:** 62-page A4 BLS Healthcare Provider learner manual  
BLS for Healthcare Providers card valid for 2 years  
A CPD certificate for 11 points accredited by the HPCSA  
Emergency CPR keyring pouch  
**Venue:** On site or IEFA Training Centre (26 Tulip Road, Primrose, Germiston.)  
**Accreditation:** Resuscitation Council of Southern Africa/American Heart Association

**IEFA Contact details:** Tel: 011 822 3428  
Fax: 086 245 2111

**Email:** [information@iefaco.za](mailto:information@iefaco.za)  
**Website:** [www.iefaco.za](http://www.iefaco.za)

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